

## Daily Vitamins

To temporally calm your craving for chocolate, eat the **BROWN** one.

At first sign of “Monday Morning”, eat the **RED** one.

The **ORANGE** one minimizes “mental block” while doing paperwork.

The **GREEN** one calms your frustration with your supervisor.

If you feel a headache coming before attending a meeting, eat the **YELLOW** one.

The **BLUE** one reduces fatigue.

Directions: Take as needed. If all symptoms occur at the same time, eat the whole bag.